

STMA COVID-19 Health Screen & Decision Tree

Section 1: Screening Symptoms	
<i>These symptoms indicate a possible illness that may decrease students' ability to learn and put them at risk for spreading illness to others</i>	
*Experiencing one "more common" symptom listed below by themselves:	
<input type="checkbox"/> New onset cough or a cough that gets worse (<i>for students with chronic/asthmatic cough, a change in their cough from baseline</i>) <input type="checkbox"/> Difficulty/hard time breathing <input type="checkbox"/> Temperature 100.4° F or higher <input type="checkbox"/> New loss of taste or smell	
**Experiencing at least 2 of the "less common" symptoms listed below:	
<input type="checkbox"/> Chills <input type="checkbox"/> Sore throat <input type="checkbox"/> Body aches / muscle pain <input type="checkbox"/> Diarrhea, nausea, or vomiting	<input type="checkbox"/> Extreme fatigue/feeling very tired <input type="checkbox"/> New onset of nasal congestion/stuffy or runny nose <input type="checkbox"/> New severe/very bad headache <input type="checkbox"/> Student has been in close contact* with someone who tested positive for COVID-19

<i>If answers:</i>	<i>Parent Actions:</i>	<i>When can the student return to school?</i>
YES – to <u>any</u> question in Section 1	<ul style="list-style-type: none"> Parents should call the student attendance line to report their student will be absent. Student and siblings should remain home until they have received clearance from the Health Services staff. Advised to contact their health care provider. 	<p>If a student has symptoms that could be COVID-19 (new onset cough or cough that gets worse, difficulty/hard time breathing, temperature of 100.4° F , or new loss of taste or smell OR at least 2 of the following: sore throat, chills, muscle pain, extreme fatigue/feeling very tired, new severe headache/very bad headache, new onset congestion/stuffy or runny nose, or gastrointestinal symptoms of diarrhea, vomiting, or nausea), but they were not evaluated by a medical professional or were not tested for COVID-19, such student is assumed to have COVID-19, and the student may not return to the campus until the individual has met the following 3 criteria:</p> <ol style="list-style-type: none"> 1. At least 10 days have passed since symptoms first appeared AND 2. The individual has improvement in symptoms (e.g. cough, shortness of breath); AND 3. No fever for at least 24 hours without the use of fever-reducing medication. <ul style="list-style-type: none"> Siblings must remain home and self-quarantine for 14 days. <hr/> <p>If a student has symptoms consistent with COVID-19 but a negative COVID-19 test result, may return to school:</p> <ol style="list-style-type: none"> 1. Twenty-four hours after symptoms have improved. <ul style="list-style-type: none"> Siblings do not need to stay home once the negative result is known and have been cleared for return to school. <hr/> <p>If a student receives an alternative diagnosis to explain the symptoms they may return to school:</p> <ol style="list-style-type: none"> 1. Twenty-four hours after symptoms have improved or as directed by a health care provider <ul style="list-style-type: none"> Siblings do not need to stay home once an alternative diagnosis is known and cleared to return to school.

If answers:	Recommend:	When can the student return to school?
<p>YES – to <u>any</u> question in Section 1</p>	<ul style="list-style-type: none"> Parents should call the student attendance line to report their student will be absent. Student and siblings should remain home until they have received clearance Health Services to return to school. Advised to contact their health care provider. 	<p>If a student has a positive COVID-19 test result:</p> <ul style="list-style-type: none"> Student must isolate (stay at home). Follow the isolation guidance issued by the CDC. The COVID-19 Health Coordinator or School Nurse must report the case to Minnesota Department of Health. The student may return to school when all 3 of the following criteria are met: <ol style="list-style-type: none"> At least 10 days have passed since symptoms first appeared AND The individual has improvement in symptoms (e.g. cough, shortness of breath); AND No fever for at least 24 hours without the use of fever-reducing medication. Siblings must remain home and self-quarantine for 14 days.
<p>Student has come in close contact with an individual who has tested positive for COVID-19</p>	<ul style="list-style-type: none"> Parents should call the student attendance line to report their student will be absent. Exclusion from in-person instruction. Refer for evaluation by their healthcare provider and possible testing. Testing is recommended for all close contacts of confirmed or probable COVID-19 patients. 	<ul style="list-style-type: none"> Asymptomatic contacts who choose not to seek a COVID-19 test or who test negative for COVID-19 should continue to self-quarantine for 14 days from their last exposure if the close contact is a household member (i.e., a close encounter with confirmed or probable COVID-19 case). Asymptomatic contacts who choose not to seek a COVID-19 test or test negative for COVID-19 can follow a shortened quarantine of 10 days from their last exposure if the close contact is NOT a household member (i.e., a close encounter with confirmed or probable COVID-19 case). Asymptomatic contacts who choose to seek a PCR or Molecular COVID-19 test and test negative for COVID-19 can follow a shortened quarantine of 7 from their last exposure if the close contact is NOT a household member (i.e., a close encounter with confirmed or probable COVID-19 case). Persons in quarantine should monitor their health daily, and watch for fever, shortness of breath, or other symptoms of COVID-19. If possible, they should stay away from others, especially persons who are at higher risk for getting very sick from COVID-19. Individuals who develop symptoms of possible COVID-19 infection during their quarantine period should be referred for evaluation by their healthcare provider and possible testing.

* *“Close contact” is operationally defined by the CDC as “being within 6 feet or less of a confirmed COVID-19 case for at least cumulative 15 minutes or more while contagious, irrespective of whether a cloth face covering was worn. An individual is deemed contagious starting 2 days before their symptom onset through at least 10 days after onset of symptoms. If the case is asymptomatic, then the timeframe of contagiousness starts from 2 days prior to the date of the test, through at least 10 days. Brief interactions are less likely to result in transmission; however, symptoms and the type of interaction (e.g., did the infected person cough directly into the face of the exposed individual) remain important.”* (www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html)

MDH Resources:

[MDH Decision Tree](#) [Home Screening Tool](#) [Attendance Guidance](#) [Awaiting COVID-19 Results](#) [Close Contact](#)