

Team Sports Elective(Master)

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Content	Skills	Learning Targets	Standards	Assessment	Resources & Technology
<p>CEQ: What are the fundamental skills & strategies used to participate in a team sport?</p> <p>What is the proper etiquette and safety needed to participate in a team sport?</p> <p>What are the basic sportsmanship needs for a team sport?</p> <p>How can team sports improve my overall fitness level?</p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> <i>What are the rules, etiquette, and safety of Ultimate Games?</i> <i>What are the basic fundamental skills of Ultimate Games?</i> 	<p>Ultimate Games</p> <ol style="list-style-type: none"> Identify the rules and scoring procedures. Apply safe practices and sportsmanship in a game setting. Apply offense and defense strategies in a game setting. Demonstrate throwing and catching a variety of objects. 	<p>Ultimate Games</p> <p>LT1. I can throw a frisbee with both hands and can catch a frisbee with one or two hands.</p> <p>LT2. I can throw and catch a football.</p> <p>LT3. I understand the rules of ultimate games and can demonstrate them while practicing and playing in class.</p> <p>LT4. I can demonstrate strategy while playing offense and defense.</p> <p>LT5. I know what muscles are being used when playing ultimate games.</p>	<p>Ultimate Games</p> <p>S1.H1</p> <p>S2.H1</p> <p>S4.H2</p> <p>S4.H3</p> <p>S4.H4</p>	<p>Ultimate Games</p> <p>CFA = Teacher observation and questioning of students in a game setting.</p> <p>CFA = Exit ticket</p> <p>CSA= Tournament Game Play</p>	<p>Ultimate Games</p> <p>Key Vocabulary</p> <p>Offense</p> <p>Defense</p> <p>Forehand</p> <p>Backhand</p>

<ul style="list-style-type: none"> • <i>What are the basic strategies used in Ultimate Games?</i> <p>Ultimate Games</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Basic Strategies 4. Fundamental skills <p>Soccer/Speedball</p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Soccer/Speedball?</i> • <i>What are the basic fundamentals of Soccer/Speedball?</i> • <i>What are the basic strategies used in soccer/speedball?</i> • <i>What is a trap?</i> • <i>What is the difference between kicking and passing?</i> • <i>How could you convert or kick-up a soccer ball?</i> <p>Soccer/Speedball</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Basic Strategies 	<p>Soccer/Speedball</p> <ol style="list-style-type: none"> 1. Identify the rules and scoring options. 2. Apply safe practices and sportsmanship in a game setting. 3a. Apply conversion techniques strategically in a game setting. 3b. Identify the different positions and their roles on the field. 4a. Demonstrate kicking, passing, and receiving a soccer ball. 4b. In Speedball, demonstrate different conversion methods.(kick-ups) 	<p>Soccer/Speedball</p> <p>LT1. I can dribble a soccer ball while jogging or running.</p> <p>LT2. I can pass a soccer ball using the inside and outside of my foot.</p> <p>LT3. I can perform a foot trap skill.</p> <p>LT4. I can shoot a soccer ball toward a goal/target using proper technique.</p> <p>LT5. Demonstrate a minimum of two conversion methods (kick-ups).</p> <p>LT6. Explain the different positions and their roles on the field.</p>	<p>Soccer/Speedball</p> <p>S1.H1 S2.H1 S4.H2 S4.H3 S4.H4 S4.H5</p>	<p>Soccer/Speedball</p> <p>CFA =Teacher observation of students in a game setting. CFA= Teacher observation of skills testing.(passing and shooting)</p> <p>CSA= Written Assessment</p>	<p>Soccer/Speedball</p> <p>Key Vocabulary</p> <p>Trapping</p> <p>Center</p> <p>Forward</p> <p>Goalie</p> <p>Two hand throw in</p> <p>Corner kick</p> <p>Goal kick</p> <p>Hands call</p> <p>Dribbling</p>
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4. Fundamentals		LT7. Explain the difference between a goal kick and corner kick LT8. Identify major muscles used in Soccer/Speedball			
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October

Content	Skills	Learning Targets	Standards	Assessment	Resources & Technology
<p>Volleyball UEQ:</p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Volleyball?</i> • <i>How do you effectively pass, set, and hit a volleyball?</i> • <i>What are the basic fundamentals of Volleyball?</i> <p>Volleyball 1. Basic Rules & etiquette 2. Safety 3. Fundamentals</p> <p>Eclipse Ball UEQ:</p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Eclipse Ball?</i> • <i>What is the difference between a</i> 	<p>Volleyball</p> <p>1. Identify and implement the rules and rally scoring. 2. Apply safe practices and sportsmanship in a game setting. 3a. Demonstrate the basic skills of passing, setting, and serving. 3b. Identify the important cues for all skills.</p>	<p>Volleyball</p> <p>LT1. I can forearm pass, set, and overhand serve a volleyball. LT2. I can list the 3 most important skill cues for passing, serving, and setting. LT3. I can show that I know the rules of the game of volleyball while playing or practicing in class. LT4. Identify major muscles used in volleyball</p>	<p>Volleyball</p> <p>S1.H1 S2.H1 S4.H2 S4.H3 S4.H5</p>	<p>Volleyball</p> <p>CFA= Fundamental skills test for passing</p> <p>CFA= Teacher observation of students in a game setting.</p> <p>CSA= Tournament Game Play</p>	<p>Volleyball</p> <p>Key Vocab Passing Setting Hitting Serving Attacking Digging Sideout Blocking Transition</p>

<p><i>forehand and backhand stroke?</i></p> <ul style="list-style-type: none"> • <i>How could strategy play a role in the game of Eclipse Ball?</i> <p>Eclipse Ball</p> <p>1. Basic Rules and etiquette 2. Safety 3. Fundamentals</p>	<p>Eclipse Ball</p> <p>1a. Identify and show knowledge of the differences and similarities in rules of Volleyball and Eclipse Ball. 1b. Use strategy when possible in game. 2. Apply safe practices and sportsmanship in a game setting. 3a. Demonstrate use of both the forehand and backhand in game situations.</p>	<p>Eclipse Ball</p> <p>LT1. I can use the forehand and backhand stroke effectively in a game situation. LT2. I know 3 differences in the game of Eclipse Ball compared to Volleyball. LT3. I am able to identify what muscle(s) I am using when playing Eclipse Ball. LT4. Display use of strategy in a game situation.</p>	<p>Eclipse Ball</p> <p>S1.H1 S2.H1 S4.H2 S4.H3 S4.H4 S4.H5</p>	<p>Eclipse Ball</p> <p>CFA= Teacher observation of students in a game setting.</p> <p>CSA= Tournament Game Play</p>	<p>Eclipse Ball</p> <p>Key Vocab Forehand Backhand Serving Sideout</p>
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November

Standards					
Content	Skills	Learning Targets	Standards	Assessment	Resources & Technology
<p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Basketball?</i> • <i>What are the basic fundamentals of Basketball?</i> 	<p>Basketball</p> <p>1a. Identify the rules and scoring procedures. 1b. Identify the positions & their roles on the court 2. Apply safe practices and</p>	<p>Basketball</p> <p>LT1. I can dribble a basketball with either hand while jogging. LT2. I can shoot a layup with either hand. LT3. I can demonstrate</p>	<p>Basketball</p> <p>S1 S2 S4.H2 S4.H3 S4.H4 S4.H5</p>	<p>Basketball</p> <p>CFA = Peer assessment on shooting form</p> <p>CFA = Teacher observation of</p>	<p>Basketball</p> <p>Key Vocabulary Layup Man-to-Man Defense Pick Chest Pass Bounce Pass Overhead Pass</p>

<ul style="list-style-type: none"> • <i>What are the basic offense and defense strategies used in basketball?</i> • <i>How do I design and implement a play?</i> <p>Basketball</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Game Strategies 4. Fundamentals 	<p>utilize teamwork in a game setting.</p> <p>3a. Demonstrate the offensive team play strategy of setting a pick-and-roll.</p> <p>3b. Demonstrate the defensive strategy of boxing out.</p> <p>3c. Demonstrate man to man defense.</p> <p>4a. Demonstrate the basic skills of dribbling, passing, and shooting.</p> <p>4b. Demonstrate the basic offensive skill of shooting a lay-up.</p>	<p>how to set a pick/screen in a game setting.</p> <p>LT4. I can demonstrate that I know the rules and scoring system for playing a game.</p> <p>LT5. I can play and practice while keeping things safe for myself and my classmates.</p> <p>LT6. I can effectively demonstrate man to man defense.</p> <p>LT7. I can demonstrate how to box out.</p> <p>LT8. I can demonstrate a chest pass, bounce pass & overhead pass.</p> <p>LT9. I can identify the positions on the court and their main roles.</p> <p>LT10. I can identify major muscle groups used in basketball.</p>		<p>students in a game setting.</p> <p>CSA = Design and implement an offensive play.</p>	<p>Give and Go</p> <p>Point Guard</p> <p>Wing</p> <p>Center</p> <p>Forward</p> <p>Rebound</p> <p>Box Out</p> <p>Double Dribble</p> <p>Traveling</p> <p>Foul</p> <p>Free Throw</p>
<p>Flag Football (Optional)</p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Flag Football?</i> • <i>What are the basic fundamentals of Flag Football?</i> 	<p>Flag Football</p> <ol style="list-style-type: none"> 1. Identify the rules and scoring procedures. 2. Apply safe practices and utilize teamwork in a game setting. 3a. Demonstrate 	<p>Flag Football</p> <p>LT1. I can throw a football with a spiral to a stationary target.</p> <p>LT2. I can catch a football, both while stationary and while jogging.</p>	<p>Flag Football</p> <p>S1</p> <p>S2</p> <p>S4.H2</p> <p>S4.H3</p> <p>S4.H4</p> <p>S4.H5</p>	<p>Flag Football</p> <p>CSA = Teacher observation of students in a game setting.</p>	<p>Flag Football</p> <p>Key Vocabulary:</p> <p>Touchdown</p> <p>Punt</p> <p>Slant</p> <p>Post</p> <p>Fly</p> <p>Running Back</p>

<p>Flag Football</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Game Strategies 4. Fundamentals 	<p>understanding of basic routes for receivers in football.</p> <p>3b. Identify the main positions and roles of the players on the field</p> <p>4. Demonstrate the basic skills of passing and catching a football.</p>	<p>LT3. I can run basic routes that receivers run in football, including a slant, post, and fly.</p> <p>LT4. I can demonstrate safe playing procedures while practicing and playing in class.</p> <p>LT5. I can keep score of a flag football game.</p>			<p>Quarterback Lineman Down Safety</p>
<p>Lacrosse (Optional)</p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Lacrosse?</i> • <i>What are the basic fundamentals of Lacrosse?</i> <p>Lacrosse</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Fundamentals 	<p>Lacrosse</p> <ol style="list-style-type: none"> 1. Identify the rules and scoring procedures 2. Apply safe practices and evaluate teamwork in a game setting. 3. Demonstrate the basic skills of stick handling, shooting, passing, catching, and defense. 	<p>Lacrosse</p> <p>LT1. I can catch a ball and cradle the ball while running.</p> <p>LT2. I can shoot overhead, sidarm, and low.</p> <p>LT3. I can pass back and forth with a teammate.</p> <p>LT4. I can play both man-to-man and zone defense in Lacrosse.</p>	<p>Lacrosse</p> <p>S1 S2 S4.H2 S4.H3 S4.H4 S4.H5</p>	<p>Lacrosse</p> <p>CFA & CSA =</p> <p>Teacher observation of students in a game setting.</p>	<p>Key Vocab:</p> <p>man to man defense</p> <p>zone defense</p> <p>Pick</p> <p>Craddle</p> <p>Defenders</p> <p>Midfielders</p> <p>Attackers</p> <p>Feed</p>

<p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Floor Hockey?</i> • <i>What are the basic fundamentals of Floor Hockey?</i> • <i>What are the basic offense and defense strategies used in Floor Hockey?</i> <p>Floor Hockey</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Game Strategies 4. Fundamentals 	<p>Floor Hockey</p> <ol style="list-style-type: none"> 1. Identify the rules and scoring procedures. 1b. Identify the positions & their roles on the court. 2. Apply safe practices and utilize teamwork in a game setting. 3. Apply basic offensive and defensive strategies. 4. Demonstrate the basic skills of stick handling, shooting, & passing. 	<p>Floor Hockey</p> <p>LT1. I can stick handle, controlling the puck, while running and playing floor hockey.</p> <p>LT2. I can shoot a wrist shot both forehand and backhanded.</p> <p>LT3. I can safely play defense in the game of floor hockey.</p> <p>LT4. I can practice and play floor hockey safely in class.</p>	<p>Floor Hockey</p> <p>S1</p> <p>S2</p> <p>S4.H2</p> <p>S4.H3</p> <p>S4.H4</p> <p>S4.H5</p>	<p>Floor Hockey</p> <p>CFA = Peer evaluation of stick handling & shooting skills.</p> <p>CSA = Teacher observation of students in a game setting.</p>	<p>Floor Hockey</p> <p>Key Vocabulary:</p> <ul style="list-style-type: none"> Dribbling Goalie Right/Left Wing Center Defensemen Dribbling/Stick Handling Wrist shot Slap/snap shot Forehand Backhand
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<p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of Softball?</i> • <i>What are the basic fundamentals of Softball?</i> <p>Softball/Kickball</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 3. Game Strategies 4. Fundamentals <p>Create a Game</p> <ol style="list-style-type: none"> 1. Basic Rules & Etiquette 2. Safety 	<p>Softball/Kickball</p> <ol style="list-style-type: none"> 1. Identify the rules and scoring procedures. 2. Apply safe practices and utilize teamwork in a game setting. 3a. Identify forceouts and demonstrate defensive strategies based on ball and runner placements. 3b. Identify the positions & their roles in softball 4a. Demonstrate the basic skills of hitting a softball. 4b. Demonstrate the basic skills of catching fly balls and throws, as well as fielding ground balls. <p>Create a Game</p>	<p>Softball/Kickball</p> <p>LT1. I can catch a softball that is hit in the air or thrown to me.</p> <p>LT2. I can properly field a ground ball.</p> <p>LT3. I can throw to a target using correct throwing technique.</p> <p>LT4. I can play softball games, and practice in class safely.</p> <p>LT5. I can keep score for softball.</p> <p>LT6. I can identify forceouts.</p> <p>LT7. I can identify the positions in softball & their roles on the field.</p> <p>Create a Game</p>	<p>Softball/Kickball</p> <p>S1</p> <p>S2</p> <p>S4.H2</p> <p>S4.H3</p> <p>S4.H4</p> <p>S4.H5</p> <p>Create a Game</p>	<p>Softball/Kickball</p> <p>CFA = Teacher observation of students catching fly balls & fielding ground balls.</p> <p>CSA = Teacher observation of students in a game setting.</p> <p>Create a Game</p>	<p>Softball/Kickball</p> <p>Key Vocabulary:</p> <p>Strike Out</p> <p>Ball</p> <p>Foul Ball</p> <p>Pitcher</p> <p>Outfielder</p> <p>Shortstop</p> <p>1st Baseman</p> <p>2nd Baseman</p> <p>3rd Baseman</p> <p>Catcher</p> <p>Outfielder</p> <p>Ground Ball</p> <p>Fly Ball</p>
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<p>3. Game Strategies 4. Fundamentals</p> <p><i>UEQ:</i></p> <ul style="list-style-type: none"> • <i>What are the rules, etiquette, and safety of created game?</i> • <i>What are the basic fundamentals of created game?</i> 	<ol style="list-style-type: none"> 1. Identify the rules and procedures of the game 2. Apply safe practices and utilize team sports' concepts into game. 3. Identify basic skills used in game. 		<p>S1 S2 S4.H2 S4.H3 S4.H4 S4.H5</p>	<p>CSA = Teacher observation of students in a game setting, teaching and playing.</p>	
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