

## Officiating & Coaching (Master)

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### September 2020

| CONTENT   | SKILLS  | LEARNING TARGETS  | STANDARDS   | ASSESSMENT   | RESOURCES & TECHNOLOGY  |
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| <p>UEQ:</p> <ul style="list-style-type: none"> <li>• <i>What are the different officiating styles?</i></li> <li>• <i>What are the necessary officiating skills to develop?</i></li> <li>• <i>Why is time management important as an official?</i></li> </ul> <p><b>Successful Sports Officiating</b></p> <p>1. Officiating Styles<br/>2. Developing Officiating Skills<br/>3. Time Management</p> <p>UEQ:</p> <ul style="list-style-type: none"> <li>• <i>What are principles of coaching?</i></li> <li>• <i>How can communication and behavior impact athletes and their success?</i></li> <li>• <i>What are the necessary components of teaching?</i></li> <li>• <i>How does physical training</i></li> </ul> | <p><b>Successful Sports Officiating</b></p> <p>1. Identify styles of officiating.</p> <ul style="list-style-type: none"> <li>- Rule Book</li> <li>- Preventative</li> <li>- Laissez-Faire</li> <li>- Advantage or Disadvantage</li> </ul> <p>2. Explain the importance of 5 skill-sets in officiating</p> <ul style="list-style-type: none"> <li>- Goal Setting</li> <li>- Communication Skills</li> <li>- Decision-Making Skills</li> <li>- Mental Training Strategies</li> <li>- Conflict Management</li> </ul> <p>3. Discuss how time management is essential for officials</p> <ul style="list-style-type: none"> <li>- Officials as Time Managers</li> <li>- Evaluating and Improving Your Time Management Skills</li> </ul> | <p><b>Successful Sports Officiating</b></p> <p>1. I can identify the 4 styles of officiating.</p> <p>2. I can explain the importance of goal setting for officials.</p> <p>3. I can identify the 3 key skills in effective communication.</p> <p>4. I can demonstrate how to apply decision-making skills in game-like situations.</p> <p>5. I can explain the importance of critical mental skills in officiating.</p> <p>6. I will analyze how conflict is handled and its effectiveness.</p> | <p><b>Successful Sports Officiating</b><br/>S4.H2</p> <p><b>Successful Coaching</b><br/>S2.H1</p> <p>S2.H2</p> <p>S2.H3</p> <p>S3.H3</p> <p>S4.H3</p> | <p><b>Successful Sports Officiating</b></p> <p><b>CSA = Officiating Test</b></p> <p><b>CSA = Power Point Presentation</b></p> <p><b>Successful Coaching</b></p> <p><b>CSA = Practice Plan &amp; Observation</b></p> <p><b>CSA = Coaching Test</b></p> <p><b>CSA = Coach, Athlete or Team Program Essay</b></p> | <p><b>Successful Sports Officiating</b></p> <p><i>Successful Sports Officiating</i>. Second ed. Champaign, IL: Human Kinetics, 2011. Print.</p> <p><i>Jaskulski, Peter. Confidence in Conflict for Sports Officials. Truths, 2015. Print.</i></p> <p><b>Successful Coaching</b></p> <p><i>Martens, Rainer. Successful Coaching. 4th ed. Champaign, IL: Human Kinetics, 2012. Print.</i></p> |

Updated 8/5/2019

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| <p><i>impact athletes and programs?</i></p> <p><b>Successful Coaching</b></p> <p>1. Principles of Coaching<br/> 2. Principles of Behavior<br/> 3. Principles of Teaching<br/> 4. Principles of Physical Training</p> | <p><b>Successful Coaching</b></p> <p>1a. Identify the type of coach you want to be.</p> <p>1b. Identify three objectives of coaching</p> <p>1c. Compare/Contrast the 3 styles of coaching</p> <p>2. Discuss the importance of communication and how it relates to behavior management.</p> <ul style="list-style-type: none"> <li>- Three Dimensions of Communication</li> <li>- Managing athletes behavior through communication and discipline</li> </ul> <p>3. Explain the essentials of becoming a better teacher/coach.</p> <ul style="list-style-type: none"> <li>- Game approach</li> <li>- Teaching Technical skills</li> <li>- Teaching Tactical skills</li> <li>- Planning</li> </ul> <p>4. Identify the necessary components of physical training.</p> <ul style="list-style-type: none"> <li>- Training Basics</li> <li>- Training for Energy Fitness</li> <li>- Training for Muscular Fitness</li> <li>- Fueling Your Athletes</li> </ul> | <p><b>Successful Coaching</b></p> <p>LT1. I can create a coaching philosophy.</p> <p>LT2. I can identify the 3 objectives of coaching.</p> <p>LT3. I can compare/contrast the 3 styles of coaching.</p> <p>LT4. I can identify ways to help athletes develop good character.</p> <p>LT5. I can analyze 8 major communication problems and how to improve them.</p> <p>LT6. I can explain the difference between positive, preventative, and corrective discipline.</p> <p>LT7. I can identify the difference between technical and tactical skills</p> <p>LT8. I can create an instruction plan for a practice.</p> <p>LT9. I can explain the principles of physical training.</p> |  |  |  |
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|  |  | LT10. I can identify recommended food and beverages for athletes. |  |  |  |
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