

Grade 2 Health (Master)

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Trimester I (Unit 1)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p>°HOW CAN YOU STAY SAFE? °HOW CAN YOU STAY HEALTHY? °HOW CAN YOU STAY HEALTHY AND SET A GOOD EXAMPLE OF OTHERS? °WHAT ARE OUR BODY SYSTEMS?</p> <p><i>UEQ:</i> °How do you stay safe at home, in the community, and at school?</p> <p>Staying Safe 1. Safety All Around 2. Avoiding Injury</p>	<p>Staying Safe 1. Recognize the importance of staying safe around bodies of water, weapons, hazardous materials, school, home and transportation. 2. Identify ways to avoid injuries.</p>	<p>Staying Safe LT1. I can tell ways to stay safe.</p>	<p>2.7.1</p>	<p>Bus Safety</p> <p>CSA=Bus Safety Quiz</p> <p>CFA=Bus Company Evacuation Program</p>	<p>Staying Safe Harcourt Health and Fitness (Big Book Chapter 7)</p> <p>Health Slides: Bus Safety</p> <p>Bus Safety Packet</p> <p>Optional videos: http://unitedstreaming.com</p> <p>Getting to School is Your Job 13:36 minutes</p> <p>Primary Health and Safety: I Can Be Safe!-13:00 minutes</p> <p>School Bus Safety: Riding Cool to School- 15 minutes</p> <p>Riding the School Bus Safely- 14:00</p>

Trimester I (Unit 1)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> °What is dangerous? °How can you stay safe?</p> <p>Staying Safe 1. Fire/Lockdowns 2. Weapons 3. Poisons 4. Strangers</p>	<p>Avoiding Danger 1. Identify ways to avoid injuries.</p>	<p>Avoiding Danger LT2. I can explain ways to stay away from danger. LT3. I can explain what to do in an emergency situation.</p>	<p>2.7.2</p>	<p>Staying Safe</p> <p>CSA=Staying Safe Assessment</p> <p>CFA=Harcourt Activity Book P. 26</p> <p>CFA=Harcourt Activity Book P. 27</p> <p>CFA=Harcourt Activity Book P. 30</p> <p>CFA=Harcourt Activity Book P. 31</p> <p>CFA=Harcourt Activity Book P. 32</p>	<p>Avoiding Danger Harcourt Health and Fitness (Big Book Chapter 6)</p> <p>Health Slides: Staying Safe</p> <p>Fire Safety Packet</p> <p>Optional Videos: http://www.unitedstreaming.com</p> <p>McGruff-Dangerous Strangers</p> <p>Firefighters and Fire Safety for Kids</p> <p>Brain Pop Jr. www.brainpopjr.com</p> <p>1.Fire Safety</p>

Trimester II (Unit 2)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> °What are the body systems? °How can I care for my body systems? °How can knowing the functions of the body systems enhance our health?</p> <p>Our Body Systems 1. Muscular 2. Skeletal 3. Circulatory 4. Digestive 5. Respiratory 6. Nervous</p>	<p>Our Body Systems 1. Identify body systems.</p>	<p>Our Body Systems LT4. I can name my body's systems.</p>	<p>2.1.1</p>	<p>Our Body Systems</p> <p>CSA=Our Body Systems Assessment</p> <p>CFA=Harcourt Activity Book P. 1</p> <p>CFA=Harcourt Activity Book P. 2</p>	<p>Our Body Systems Harcourt Health and Fitness (Big Book Chapter 1)</p> <p>Health Slides: Our Body Systems</p> <p>Optional Videos: http://unitedstreaming.com</p> <p>The Smart Parts The Magic School Bus For Lunch</p> <p>All Fit: Cardiorespiratory Fitness</p> <p>Brain Pop Jr.: www.brainpopjr.com</p> <p>1. Bones 2. Muscles 3. Digestive System 4. Heart 5. Lungs 6. Senses</p>

Trimester II (Unit 2)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> °How do you care for skin, nails, and hair? °What is head lice? °How do you care for your eyes and ears? °How do product labels and ads affect our buying?</p> <p>Caring for Your Body 1. Body Care 2. Media Influences</p>	<p>Caring for Your Body 1. Identify ways to care for the body. 2. Discuss how the media influences our buying.</p>	<p>Caring for Your Body LT5. I can name ways to care for my body. LT6. I can recognize the purpose of ads.</p>	<p>2.7.2</p>	<p>Caring for Your Body CSA=Caring for Your Body Assessment CFA=Harcourt Activity Book P. 7</p>	<p>Caring for Your Body Harcourt Health and Fitness (Big Book Chapter 2)</p> <p>Health Slides: Caring for Your Body</p> <p><u>Shared Reading</u> Bugs in My Hair by David Shannon</p> <p>Optional videos: http://unitedstreaming</p> <p>Lice Are Not Nice</p> <p>Brain Pop Jr.: www.brainpopjr.com</p> <p>1. Lice</p>

Trimester II (Unit 2)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> ^oHow can you keep your teeth healthy? ^oHow can you keep your gums healthy? ^oWhy is going to the dentist important?</p> <p>Dental Health 1. Dental Hygiene 2. Goal Setting</p>	<p>Dental Health 1. Recognize steps to maintain healthy gums and teeth. 2. List goals to maintain healthy gums and teeth.</p>	<p>Dental Health LT7. I can list the steps to keep my teeth and gums healthy</p>	<p>2.5.1 2.5.2 2.7.2</p>	<p>Dental Health CSA=Dental Health Assessment (use quiz at end of dental health packet) ¹CFA=Harcourt Activity Book P. 12 CFA=Harcourt Activity Book P. 13</p>	<p>Dental Health Harcourt Health and Fitness (Big Book Chapter 3) Health Slides: Dental Health Dental Health Packet Brain Pop Jr.: www.brainpopjr.com 1. Caring for your Teeth 2. Going to the Dentist</p>

¹ Revised 5/8/19

Trimester III (Unit 3)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> °How does your body use food? °What should you eat and drink to be healthy? °How do ads affect food choices?</p> <p>Food and Fitness 1. My Plate 2. Media Influences</p>	<p>Food and Fitness</p> <ol style="list-style-type: none"> 1. Identify the food groups and match foods to their food group. 2. Identify healthful choices for meals and snacks. 3. Recognize that television ads for foods can affect our health choices. 	<p>Food and Fitness</p> <p>LT8. I can name the food groups and sort foods into each one.</p> <p>LT9. I can recognize the difference between healthy and unhealthy foods.</p>	<p>2.1.1 2.5.1 2.5.2</p>	<p>Food & Fitness</p> <p>CSA=Food & Fitness Assessment</p> <p>CFA=Create a healthy meal by drawing and labeling food choices.</p>	<p>Food and Fitness Harcourt Health and Fitness (Big Book Chapter 4)</p> <p>Health Slides: Food & Fitness</p> <p>Optional videos: http://unitedstreaming</p> <p>Brain Pop Jr.: www.brainpopjr.com</p> <ol style="list-style-type: none"> 1. Eating Right 2. Food Groups 3. Sugar <p>Optional Websites: www.kidnetic.com</p>

Trimester III (Unit 3)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> °How do you stay physically fit? °How do you exercise safely? °How do fitness goals enhance your health?</p> <p>Fitness 1. Exercise 2. Goal Setting</p>	<p>Fitness 1. Identify ways to keep your body physically fit. 2. Set goals to encourage physical fitness.</p>	<p>Fitness LT10. I can name ways to keep my body fit and healthy.</p>	<p>2.1.1 2.5.1 2.5.2</p>	<p>Food & Fitness</p> <p>CSA=Food & Fitness Assessment</p> <p>CFA=Harcourt Activity Book P. 22</p> <p>CFA=Harcourt Activity Book P. 23</p> <p>CFA=Harcourt Activity Book P. 24</p> <p>CFA=Harcourt Activity Book P. 25</p>	<p>Fitness Harcourt Health and Fitness (Big Book Chapter 5)</p> <p>Health Slides: Food & Fitness</p> <p>Brain Pop Jr.: www.brainpopjr.com</p> <p>1. Exercise</p> <p>Optional Websites” www.gonoodle.com</p> <p><u>Shared Reading</u> Flabby Tabby by Penny McKinlay</p>

Trimester III (Unit 3)

Content	Skills	Learning Targets	Standard(s)	Assessment	Resources & Technology
<p><i>UEQ:</i> °What happens when you feel ill? °How do you stay well? °How can drugs and alcohol affect your body?</p> <p>Wellness 1. Illnesses 2. Medicines and Drugs</p>	<p>Wellness 1. Recognize and identify sickness and health. 2. Explain what medicines and drugs do. 3. Describe how medicines can be used safely.</p>	<p>Wellness LT11. I can name ways to stop germs from spreading LT12. I can name signs of illness. LT13. I can explain how to use medicine safely. LT14. I can tell about the risks of drug use.</p>	<p>2.7.1 2.7.2</p>	<p>Wellness CSA=Wellness Assessment CFA=Harcourt Activity Book P. 37 Harcourt Activity Book P. 40 CFA=Harcourt activity guide P. 42 CFA=Harcourt Activity Book P. 43 CFA=Harcourt Activity Book P. 45</p>	<p>Wellness Harcourt Health and Fitness (Big Book Chapter 8 & 9) Health Slides: Wellness Optional Videos: www.unitedstreaming.com Happy, Healthy, Drug Free Me Part 1 & 2 Alcohol: It's Not for Me Brain Pop Jr.: www.brainpopjr.com 1. Medicine 2. Washing Hands 3. Colds and Flu 4. Going to the Doctor 5. Illegal Drugs 6. Smoking</p>