

St. Michael-Albertville Schools in Partnership with FYCC

# PRESENTS



## **FAMILY FIRST: Creating Connections that Help YOUNG PEOPLE THRIVE**

This program is aligned to the district's new strategic plan and demonstrates STMA's ongoing commitment to invest resources in continuously improving student support systems and programs for all students.

Based on family research, this workshop introduces a framework of key family strengths that highlight five dimensions of family life that really matter.

### **THE WORKSHOP WILL FOCUS ON:**

- Developmental Relationships, including ways families . . .
- Express CARE
- CHALLENGE Growth
- Provide SUPPORT
- Expand POSSIBILITIES
- Share POWER
- Routines and Traditions
- Community Connections

### **During the workshop, participants will:**

- Reflect on their own family's strengths—and why they matter
- Brainstorm how they can cultivate strengths in their families through shared activities
- Discover resources and supports in their lives for enhancing their family's strengths
- Identify ways they can become advocates and leaders for themselves and their children based on their priorities and family's strengths

## **RELATIONSHIPS ARE AT THE HEART OF WHAT YOUTH NEED TO LEARN, GROW AND THRIVE!**

**Date:** Monday, October 9, 2017

**Time:** 6:30 p.m.

**Location:** Middle School West Media Center

**Facilitator:** Jim Conway, Search Institute

